

Diabetes Alert Card

My name: _____

Emergency contact

Name: _____

Phone: (_____) _____ - _____

I take the following medications for diabetes:

Insulin: _____

Oral: _____

Fold

Fold

If I seem confused, please:

1) Call 911 and tell them I have diabetes

2) If I can swallow, feed me something with sugar:

- ½ can regular soda
- ½ cup juice
- 3 glucose tablets
- Small candy bar