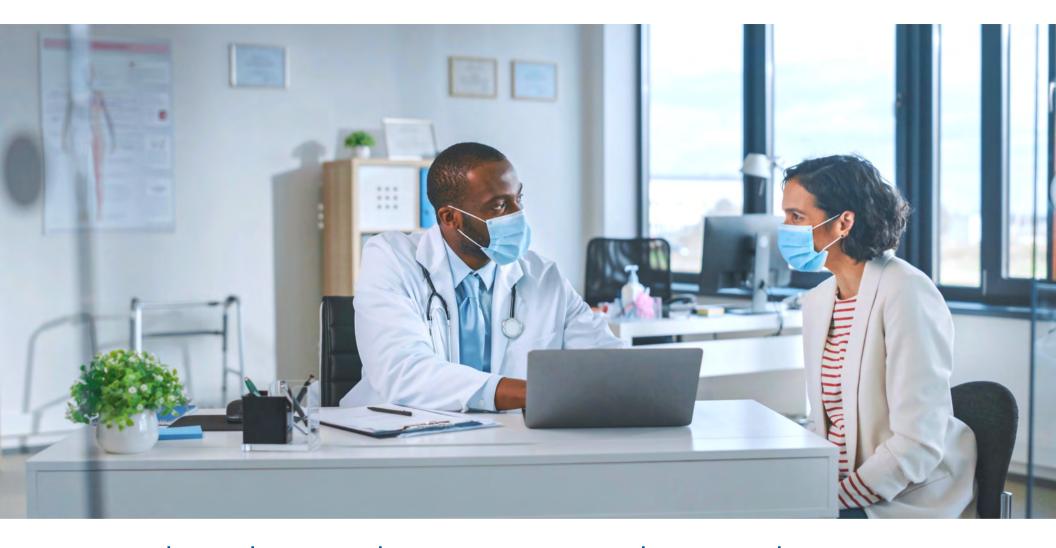


## Diabetes Technology Guide

The Johns Hopkins Patient Guide to Diabetes



### The Johns Hopkins Patient Guide to Diabetes hopkinsdiabetesinfo.org

Providing a trusted and reliable resource based on the latest evidence that people with diabetes or interested in diabetes can use to live healthier lives.

#### Preface

The Johns Hopkins Patient Guide to Diabetes website (hopkinsdiabetesinfo.org) provides evidence-based educational resources for those affected by diabetes, as well as others interested in gaining knowledge for health optimization.

Essential components on the website include:

- 1. About Diabetes: Causes, types, risk factors, clinical and personal management.
- 2. Living with Diabetes: Routine and preventative for improved diabetes health.
- 3. Complications: Types and preventions
- 4. Treatment: Treatment types based on the type of diabetes.
- 5. Helpful Tools: Diabetes coping skills, including downloadable tools
- 6. Ask the Expert: Advice & tips from medical experts
- 7. Videos: From general knowledge to interactive hands-on learning
- 8. Real Stories: Sharing personal experiences of living with diabetes
- 9. Nutrition and Lifestyle Blog: written by expert dietitians and educators
- 10. **Podcasts:** special guest speakers on various topics related to diabetes

The rise in modern medical technology has transformed diabetes care. Insulin pumps and continuous glucose monitors facilitate diabetes prevention, treatment, and reduction in diabetes complications. Given the ever expanding number of devices available, this Diabetes Technology Guide was written by our diabetes editorial team to bring together complex and up-to-date information on the latest diabetes devices to one convenient location for clarity, comparison, and confidence in decision-making, and to serve as a resource that is easily downloadable from the website.

Yours in Health,

The Johns Hopkins Patient Guide to Diabetes Website team

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Diabetes is a global health epidemic that affects more than 500 million people around the world and is projected to increase even more in the future.





[dīəˈbēdēz, dīəˈbēdis] noun

Type 1 Diabetes: A chronic autoimmune disease caused by mistaken recognition and destruction of islets of Langerhans - the only source of insulin in the body - leading eventually to absolute insulin deficiency.

Type 2 Diabetes: A chronic disease due to insulin resistance primarily in the muscles, liver, and fat tissue. The body initially produces more insulin in response but is no longer able to compensate over time – leading to relative insulin deficiency.

In all types of diabetes, blood glucose levels are too high at diagnosis, and can lead to an increased risk of short and long-term complications without appropriate treatment.



The person with diabetes who knows most, lives the longest.

Elliot Joslin

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Intro

Insulin Pumps

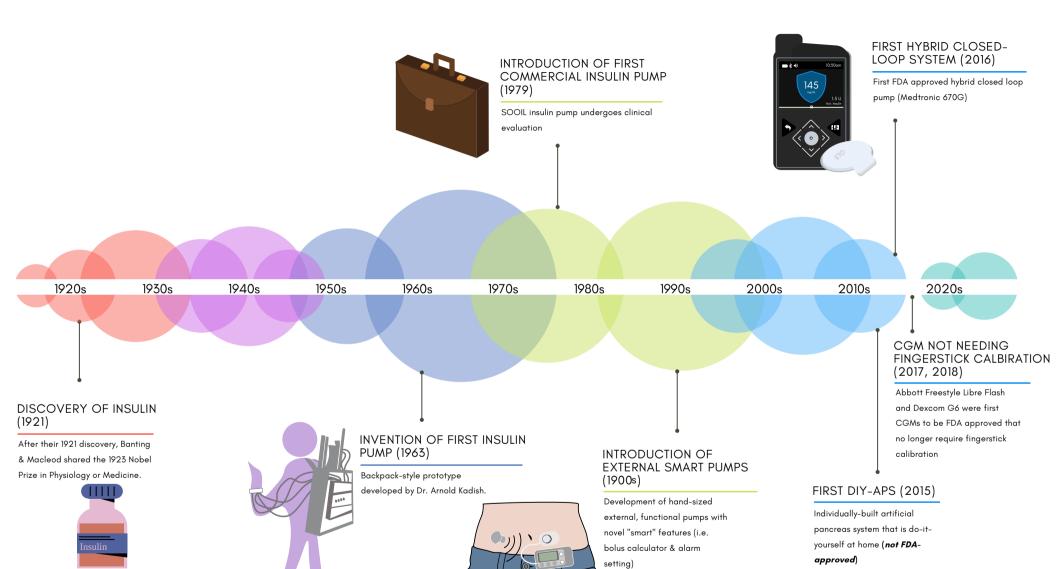
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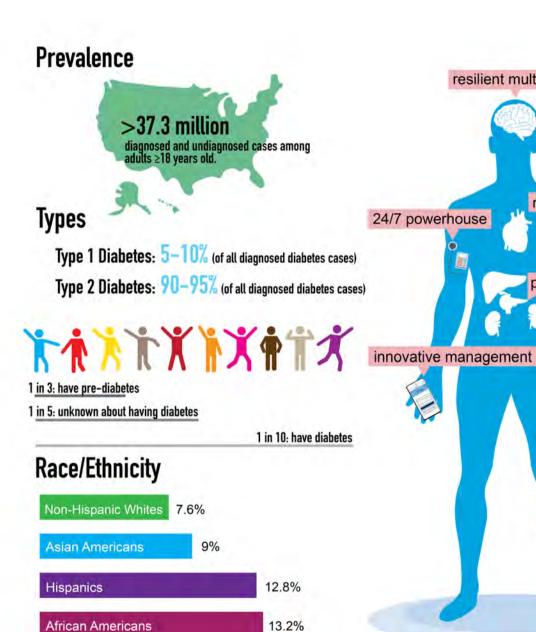
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### hopkinsdiabetesinfo.org



American Indians/Alaska Natives

15.9%

#### Burden

\$13,700

estimated average medical spending annually per person diagnosed with diabetes in the US. \$327 Billion

loss of medical cost. work productivity, labor.

#### monitor BG fluctuations

resilient multitasker

#### **Diabetes Complications**

persevering pancreas







Nerve Damage

Limb Problems

Poor Vision



**Heart Disease** 



Kidney Failure



Stroke

#### What's inside a typical diabetes bag



Centers for Disease Control and Prevention. National Diabetes Statistics Report website. https://www.cdc.gov/diabetes/data/statistics-report/index.html. Accessed 22 July 2022.

## Insulin Pump



Delivers doses of insulin on a pre-programmed schedule through small, computerized devices

Both Type 1 and Type 2 persons with diabetes can use insulin pumps. Manual injections and insulin pump therapy work very differently. One-on-one training is a crucial part of insulin pump therapy.





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#### Pump:

- 2.1 x 3.78 x 0.96 inches (5.3 x 9.6 x 2.4 cm)
- Wt: 3 oz (85 g)
- 300-unit reservoir
- Battery: AA (1); lithium/alkaline/ NiMH (FR6)
- Waterproof:
  - 12 ft (3.6m)  $\leq$  12 hrs
  - Sensor/Transmitter: 8 ft (2.4m) < 30 mins

#### CGM/BG

#### CGM:

- Guardian Link 3 Transmitter
- Duration: ≤7 days

#### BG Meter:

Accu-Chek Guide Blood Glucose Meter

#### **Key Features**

- Programmed to change insulin basal setting every 5 mins that match to current glucose level
- SmartGuard Auto Mode intended for reducing hypoglycemic/hyperglycemic events
- Blood sugar readings can be viewed from pump display & smartphones with MiniMed CGM App (with Bluetooth connection)
- CareLink Personal Software: upload data from pump to software to create reports & share data with healthcare providers for enhanced patient-centered care & treatment.

# MiniMed 770G

#### Bolus/Basal

#### Bolus:

• Range: 0-25 units

• Standard: 1.5 units/min

• Quick: 15 units/min

Increments: 0.025 unit, 0.05 unit, 0.1 unit

#### Basal:

• 0-25 units/hr or set to max basal rate.

#### Infusion

Medtronic Infusion Set: 4 types

- Mio/Advance
- Silhouette
- Sure-T
- Quick-set

#### Notes

- Approved for T1Ds ages  $\geq$  2 yrs old.
- <u>CareLink Personal software</u> (downloadable on Windows & Mac)
- Compatible with MiniMed Mobile App via Bluetooth connection
- <u>Warranty:</u>
  - o Pump: 4 yrs
  - o CGM: 1 yr

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Pump:

1.4 x 1.12 x 0.37" (3.6 x 2.8 x 0.94 cm)

CGM/BG

BG Meter:

2.4 Meter

Contour Next Link

(wireless connection)

Wt: 0.19 oz (5.4g) w/o sensor

5.81 x 2.11 x 0.98 in (9.68 x 5.36 x 2.49 cm) Wt: 3.8 oz (106 g) (without battery/consumables)

300-unit reservoir Battery: AA (1) Waterproof: 12ft (3.6m) ≤ 24 Transmitter:

rechargeable

Charger: AAA battery (1

Waterproof: 8ft (2.4m)

≤ 30 mins

Receiver:

2.1 x 3.78 x 0.96 in (5.3 x 9.6 x 2.4 cm)

3.7 oz (105g) without battery & unfilled reservoir

#### **Bolus & Basal**

Bolus Range: 0.025-25 units

Basal Range: 0.025-35 units/hr

Increments:

• 0.025 units

• 0.05 units

• 0.1 units

Increments:

• 0.025 units

• 0.05 units

• 0.1 units

Insulin-to-Carb:

Fraction grams available

#### Infusion

Medtronic Infusion Set: 4 types

- Mio/Advance
- Silhouette
- Sure-T
- Quick-set

#### Key Features

- Hybrid closed-loop pump with wireless communication between insulin pump & CGM
- SmartGuide feature: Monitors CGM blood glucose readings & bolus action to adjust basal insulin dosage.
- Insulin administration can be stopped 30 mins before potential hyperglycemic episode & restarted when blood glucose back within optimal range.

# MiniMed 670G

#### Notes

- Approved for T1Ds ages ≥ 7 yrs old.
- CareLink Personal software (downloadable on Windows & Mac)
- Not compatible with MiniMed Mobile App
- Warranty: 4 yrs (pump) & 1 yr (CGM)
- Manual pre-meal calculation & dosing still strongly recommended.

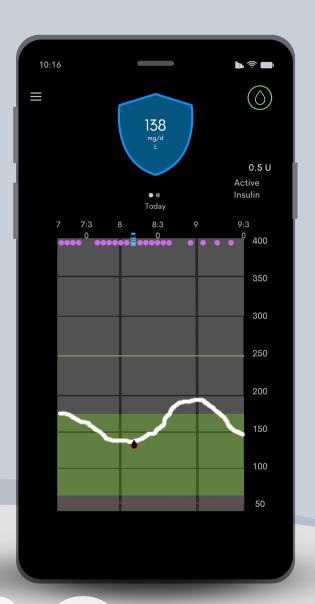
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## No response to hypoglycemia alarm

#### SmartGuard:

Responds to hypoglycemiarelated events by stopping insulin delivery for ≤ 2 hrs.





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Pump:

 $2.1 \times 3.78 \times 0.96$  in  $(5.3 \times 9.6 \times 2.4$  cm)  $\sim 3.7$  oz (105g)

300-unit reservoir

Battery: AA (1); Lithium/alkaline/NiMH

Waterproof: 12 ft (3.6m)  $\leq$  24 hrs

#### CGM/BG

• Pump functions both as insulin pump & CGM.

#### CGM:

 Guardian Sensor 3 built-in. (duration: ≤7 days)

#### BG Meter:

• Contour Next Link 2.4 Meter (wireless communication)

#### **Key Features**

- Built-in CGM & SmartGuard feature.
- SmartGuard: Responds to hypoglycemia-related events by stopping insulin delivery for ≤ 2 hrs:
- Blood sugar lower than personalized low range
- No response to hypoglycemia

# MiniMed 650G

#### Bolus/Basal

Bolus Range:

0-26 units

Default amt:

10 units

Basal:

0-35 units/hr

Increments:

0.025 units/hr:  $\leq$  0.975 units/hr 0.05 units/hr:  $\leq$  9.95 units/hr

1 unit/hr: ≥ 10 units/hr

#### Infusion

Medtronic Infusion Set: 4 types

- Mio/Advance
- Silhouette
- Sure-T
- Quick-set

#### Notes

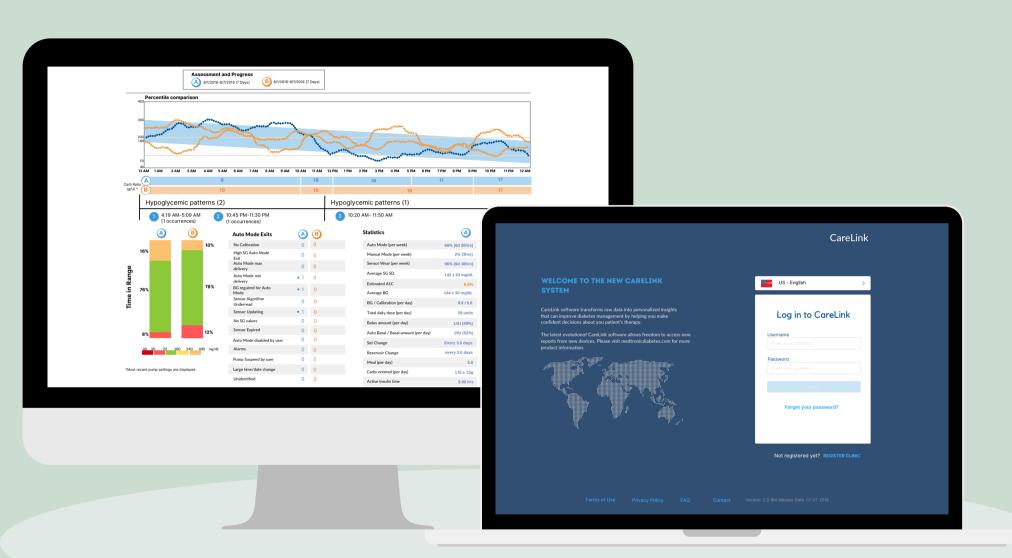
#### Pump:

• T1Ds ages ≥ 14 yrs old

#### Pump w/ Enlite sensor:

- T1Ds ages  $\geq$  16 yrs old
- CareLink Personal software (downloadable on Windows & Mac)
- Warranty: 4 yrs (pump) & 1 yr (CGM)

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770G

670G

630G

- First Medtronic hybrid closed-loop insulin pump system that allows caregivers to directly adjust insulin delivery settings through Bluetooth.
- Designed to reduce hypoglycemic & hyperglycemic event: background insulin setting is automatically finetuned every five minutes based on real-time CGM blood sugar readings.
- Compatible with MiniMed Mobile App via Bluetooth connection
- Waterproof: 12 ft (3.6m) ≤ 12 hrs
- Approved for T1Ds ages ≥ 2 yrs old.

Two major upgraded features of 670G from 630G focus on enhancing hypoglycemic & hyperglycemic prevention:

- Background insulin delivery setting automatically fine-tunes every five minutes based on real-time CGM blood sugar readings.
- SmartGuide algorithm set to stop background insulin delivery 30 mins before potential hypoglycemic episode and restart when blood glucose returns back to the optimal range.
- Waterproof: 8 ft (2.4m) ≤ 30 min
- Approved for T1Ds ages ≥ 7 yrs old.

- A non-hybrid closed loop insulin pump system that communicates with CGM for detecting and responding to real-time hypoglycemia
- Stops insulin delivery for ≤ 2 hrs.
- Waterproof: 12 ft (3.6m) ≤ 24 hrs
- T1Ds ages ≥ 14 yrs old



Pump:

 $3.13 \times 2 \times 0.6 \text{ in}$  (8 x 5.1 x 1.5 cm)

Wt: 3.95 oz (112g) (with battery & full reservoir

300-unit cartridge Battery: Rechargeable

Waterproof: 3ft (0.91m)  $\leq$  30 min.

#### CGM/BG

#### CGM:

- Dexcom Ga
- (duration: 10 days)

#### Key Features

- Hybrid closed-loop system: pump & Dexcom G6
   CGM together enable Control IQ technology.
- Control IQ feature: Basal insulin settings match to anticipated blood sugar 30 mins from current time
- For glucose level expected to rise ≥180 mg/dL, correction bolus initiated (nearly 60% of regular correction setting), for ≥160 mg/dl, higher basal is given, while glucose level expected to drop ≤112.5 mg/dL basal setting is lowered.)

#### Bolus/Basal

Max bolus range: 0.05-25 units

Insulin-to-Carb: Fraction grams available

Basal range: 0.1-15 units/hr

Increment: 0.001 unit only

#### Infusion

Tandem infusion set: 3 differentypes

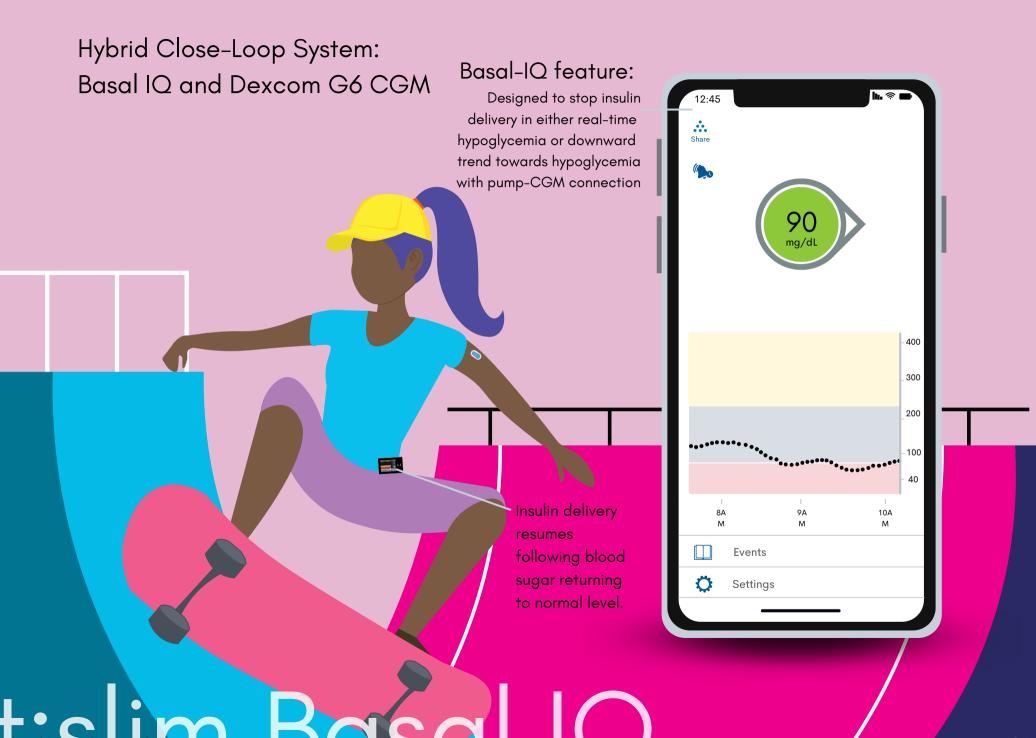
- Autosoft 30/90/X0
- Trustee
- Varisoft





#### Notes

- Approved for ages ≥14 yrs old.
- T:connect Diabetes Managemen
- Compatible Software: Tidepool & Glooko
- Control IQ does not replace pre-meal bolus.
- Pump updates completed via computer only for in-warranty pumps.
  - © The Johns Hopkins University



Pump:

3.13 x 2 x 0.6 in (8 x 5.1 x 1.5 cm) 3.95 oz (112g) with battery & full reservoir

300-unit cartridge

Battery: Rechargeable

Waterproof: 3ft  $(0.91m) \le 30$  mins.

#### CGM/BG

CGM:

Dexcom G6 (duration: 10 days)

#### Key Features

- Basal-IQ feature: Designed to stop insulin delivery in either of these hypoglycemic-related episodes with pump- CGM connection:
  - Blood sugar reading showing ≤ 70mg/dl
  - Downward trend of reaching ≤ 80mg/dL within 30 mins
- Insulin delivery resumes following blood sugar returning to normal level.

#### Bolus/Basal

Bolus Range: 0.05-25 units

5100 <u>2</u>0 5.....

Max amt: Add'l 25 units

Insulin-to-Carb: Fraction grams available

Basal Range: 0.1-15 units/hr

Increment: 0.001 unit only

#### Infusion

Tandem infusion set: 3 different types

- Autosoft 30/90/XC
- Trustee
- Varisof

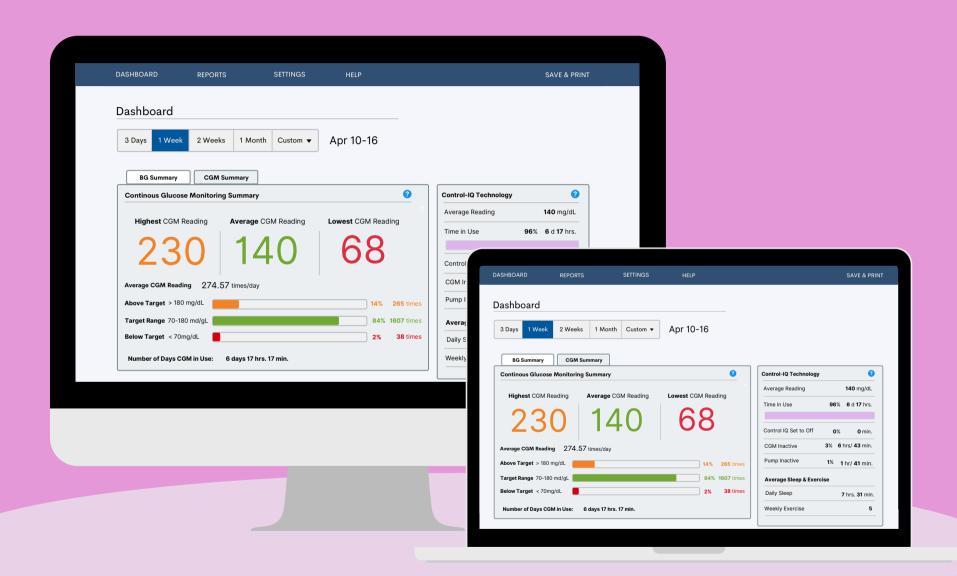




#### Notes

- Approved for ages ≥ 6 yrs old.
- T:connect Diabetes Management
- Compatible with:
  - Tidepool
  - Glooko

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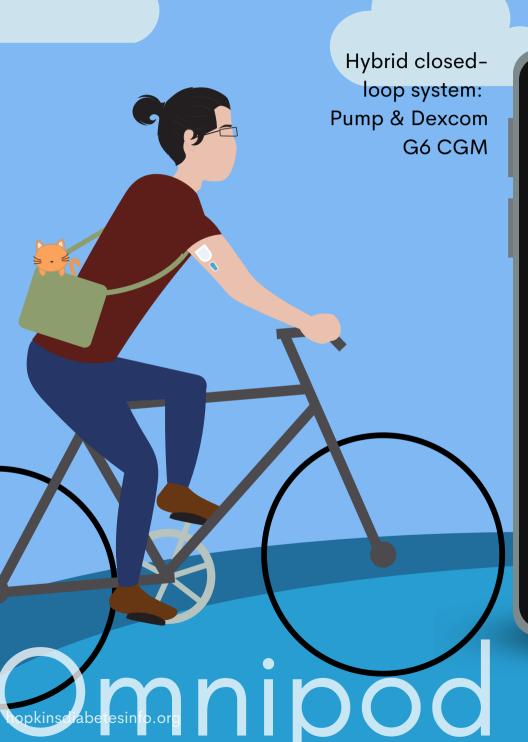


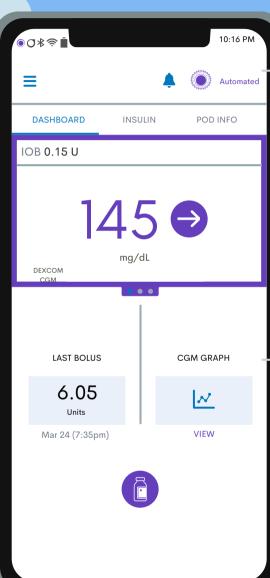
#### Control<sup>1</sup>Q

#### Basal IQ

- First Tandem hybrid closed-loop system.
- Control IQ feature: Automated adjustments in basal insulin settings (cessation/correction bolus) that matches to anticipated blood sugar 30 mins from current time.
- Assesses glucose trends in order to adjust basal rates.
- Control IQ does not replace pre-meal bolus.
- Approved for ages ≥ 14 yrs old.

- Non-hybrid closed loop system that responds to real-time or anticipated hypoglycemicrelated episodes with automatic cessation of insulin delivery.
- Insulin administration resumes following blood sugar returning to normal level.
- Approved for ages  $\geq$  6 yrs old.





#### HypoProtect:

Automatic cessation for hypoglycemia with max limit at 150 mg/dL; lowering of basal insulin delivery for exercise.

#### SmartAdjust:

Live basal adjustments every 5 mins, dependent on current/predicted glucose trends from CGM, IOB, insulin sensitivity factors, and HypoProtect; better personalized basal accuracy after 2-3 pods of use, or ~9 days.

#### CGM/BG

Pod:

3-day use

CGM

Dexcom G6 (duration: 10 days)

#### Key Features

- Hybrid closed-loop system: pump & Dexcom Go CGM together enable Automated Insulin Delivery System.
- Automated Insulin Delivery System (AID): The SmartAdjust technology controlled with Omnipod 5 controller or with mobile app.
- SmartAdjust: live basal adjustments every 5 mins, dependent on current/predicted glucose trends from CGM, IOB, insulin sensitivity factors, and HypoProtect; better personalized basal accuracy after 2-3 pods of use, or ~9 days.
- Glucose targets: Adjustable and customizable (quantity/time) in 10mg/dL increments (110-150 md/gL).
- HypoProtect: automatic cessation for hypoglycemia, max limit at 150 mg/dL; lowering of basal insulin delivery for exercise.
- SmartBolus Calculator
- Omnipod 5 App: View real-time BG data, insulin delivery, alerts & reminders.

#### Specifications

Poc

 $1.53 \times 2.05 \times 0.57$  in  $(3.9 \times 5.2 \times 1.4 \text{ cm})$ 

Wt: 1.2 oz (34g) (with full reservoir);

battery included 85–200 units of insulin

Controlle

Battery: Rechargeable

Watertight: 25ft (7.6m)  $\leq$  60 min

#### Bolus/Basal

Bolus Range:

N/A

Increments:

N/A

Insulin-to-Carb

N/A

ncrements

N/A

Infusion

No infusion set needed

• Insulin delivery via cannula attached to pod

#### Omnipod

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#### Notes

- Approved for T1Ds ages  $\geq$  6 yrs old.
- SmartAdjust does not replace pre-meal bolus.

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G6



#### PDM:

Functions as Freestyle blood sugar meter.

Carries nutrition info of ≥ 1,000 foods & ≤ 36 personalized easy-to-reach carb info.

Tubeless & wireless pod & Personal Diabetes Manager (PDM) & Contour Next One.

> Pod: (lasting ≤ 72 hrs)

Pod:

 $1.53 \times 2.05 \times 0.57$  in  $(3.9 \times 5.2 \times 1.4 \text{ cm})$ 

Wt: 1.2 oz (34g) (with full reservoir); battery included

200-unit built-in reservoir

PDM:

3.7 oz (106g)

Battery: rechargeable

Watertight: 25ft (7.6m)  $\leq$  60 mins

CGM/BG

Pod:

3-day use

CGM: none

BG Meter: Contour Next One Blood

Glucose Meter

#### **Key Features**

- Tubeless & wireless insulin pump, controlled with Personal Diabetes Manager (PDM).
- Color touch screen PDM for viewing blood sugar data & insulin delivery.
- Contour Next One: Delivers blood glucose data to PDM wirelessly, can be viewed from PDM & selected smartphone devices with Omnipod Display app.
- PDM: Programmed with Calorie King food library (≥ 80,000 foods/drinks & ≤ 50 personalized, easy-to-reach carb info)

#### **Bolus & Basal**

Bolus Range:

0.05-30 units

#### Increments:

- 0.05 units
- 0.1 units
- 0.5 units
- 1 unit

Insulin-to-Carb:

0.1 unit

Optional zero basal rate setting

0.05-30 units/hr

Increments:

0.05 units

#### Infusion

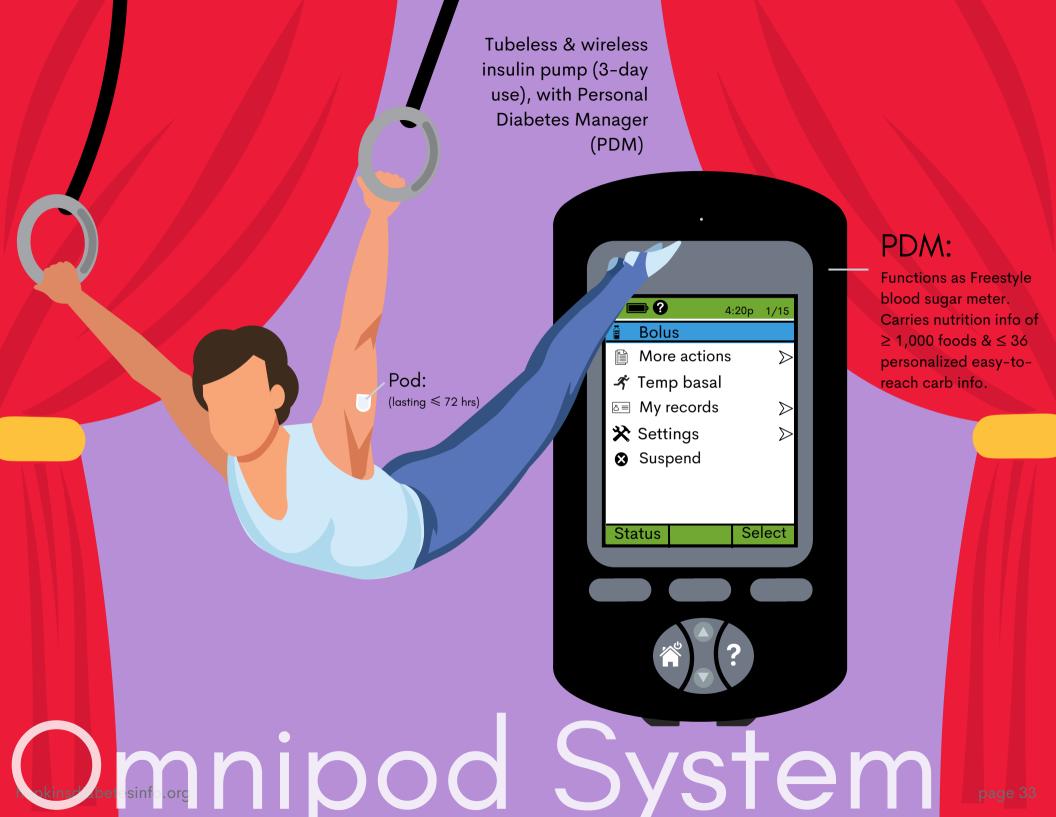
No infusion set needed

Insulin delivery via cannula attached to pod

#### Omnipod Dash

#### Notes

- Approved for ages ≥ 2 yrs old.
- Requires PDM to be ≤5 ft from pod for successful bolus delivery. (not applicable for basal)
- Compatible Software:
  - Tidepool
  - Glooko
- Apps:
  - Omnipod Display (for self-management)
  - Omnipod Vie (for  $\leq$  12 caregivers)
- $\bullet~$  Warranty:  ${\leqslant}4$  yrs for PDM from purchase date
  - © The Johns Hopkins University



Pod:

 $1.53 \times 2.05 \times 0.57$  in  $(3.9 \times 5.2 \times 1.4$ cm)

Wt: 1.2 oz (34g) (with full reservoir); battery included

200-unit built-in reservoir

Watertight: 25ft (7.6m)  $\leq$  60 min

PDM:

 $2.4 \times 4.4 \times 0.82$  in  $(6.1 \times 11 \times 2.1 \text{ cm})$ 

Wt: 4.4 oz (125g) (with batteries)

Battery: AAA (2); Alkaline

#### CGM/BG

PDM functions as both wireless insulin pump & blood glucose meter

CGM: none

BG Meter:

FreeStyle Blood Glucose Meter

Pod:

 $(duration: \leq 3 days)$ 

#### **Key Features**

- First tubeless & wireless insulin pump.
- Consists of pod (lasting ≤ 72 hrs) & Personal Diabetes Manager (PDM) which also functions as Freestyle blood sugar meter.
- PDM: Carries nutrition info of ≥ 1,000 foods & ≤ 36 personalized easy-to-reach carb info.

# Omnipod System

#### **Bolus & Basal**

Bolus Range:

0.05-30 units

#### Increments:

- 0.05 units
- 0.1 units
- 0.5 units
- 1 unit

Insulin-to-Carb:

Only whole unit increments available

0.05-30 units/hr

Increments:

0.05 units

#### Infusion

No infusion set needed

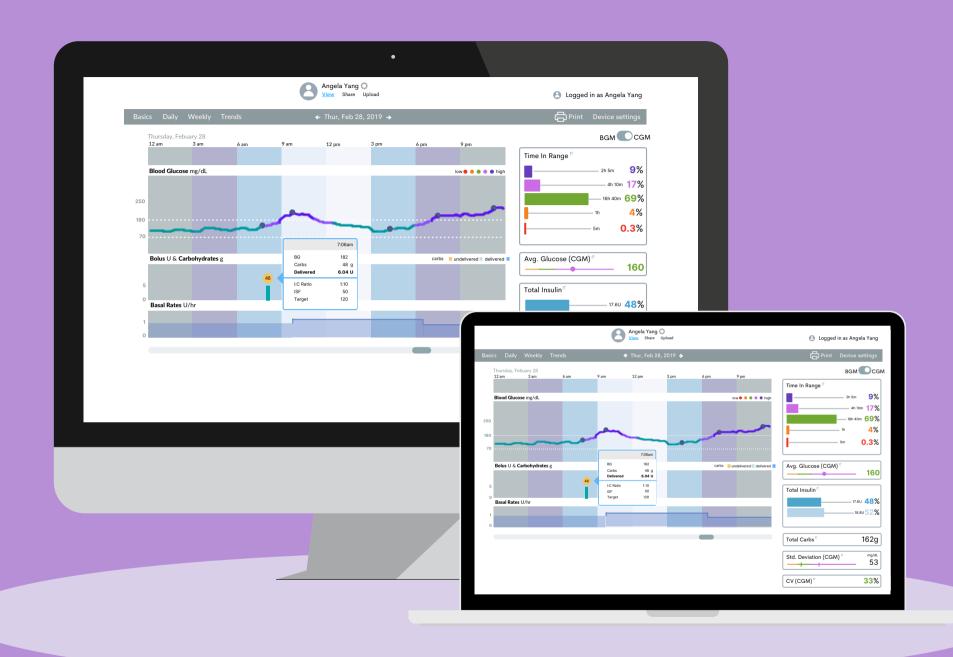
Insulin delivery with cannula attached to pod with PDM connection

#### Notes

- FDA-approved for all ages.
- Requires PDM to be ≤ 5 ft from pod for successful bolus delivery. (not applicable for basal)
- Nightlight port for test-strip, food dictionary, bolus calculator/ changes (also for basal), setting reminders/alerts.
- Compatible Software:
  - o Tidepool
  - o Glooko
- ullet Warranty:  $\leqslant$  4 yrs for PDM from purchase date

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### Software lesinfo.org Nicolabe tesinfo.org Nicolabe tesinfo.org Software Sof

#### Omnipod 5

- First Omnipod hybrid closed-loop system: Pump & Dexcom G6 CGM.
- Automated Insulin Delivery System (AID): The SmartAdjust technology controlled w/ Omnipod 5 PDM/Reciever or with mobile app.
- SmartAdjust: Live basal adjustments every 5 mins, dependent on current/predicted glucose trends from several indicators; does not replace pre-meal bolus.
- Better personalized basal accuracy after 2-3 pods of use, or ~9 days.
- HypoProtect: automatic cessation for hypoglycemia, max limit at 150 mg/dL; lowering of basal insulin delivery for exercise.
- Approved for T1Ds ages ≥ 6 yrs old.

#### Omnipod Dash

- Second generation Omnipod system
- Upgraded PDM (the receiver):
   Color touchscreen
- Includes Contour Next One, an external blood glucose meter, from PDM system.
  - Delivers blood glucose data to PDM wirelessly, viewable from PDM & with Omnipod Display app.
- Approved for ages  $\geq 2$  yrs old.

#### Omnipod System

- First generation Omnipod system
- PDM Controller: viewing blood sugar data & insulin delivery.
  - pre-programmed basal settings and bolus calculations
- FDA-approved for children & adults



Pod:

 $1.53 \times 2.05 \times 0.57$  in  $(3.9 \times 5.2 \times 1.4$ cm)

Wt: 1.2 oz (34g) (with full reservoir);

battery included

200-unit built-in reservoir

Watertight: 25ft (7.6m)  $\leq$  60 min

PDM:

 $2.4 \times 4.4 \times 0.82$  in  $(6.1 \times 11 \times 2.1 \text{ cm})$ 

Wt: 4.4 oz (125g) (with batteries)

CGM/BG

Battery: AAA (2); Alkaline

PDM functions as both wireless insulin pump & blood glucose meter

CGM: none

BG Meter:

FreeStyle Blood Glucose Meter

Pod:

 $(duration: \leq 3 days)$ 

#### **Key Features**

- First tubeless & wireless insulin pump.
- Consists of pod (lasting ≤ 72 hrs) & Personal Diabetes Manager (PDM) which also functions as Freestyle blood sugar meter.
- PDM: Carries nutrition info of ≥ 1,000 foods &
   ≤ 36 personalized easy-to-reach carb info.

#### **Bolus & Basal**

Bolus Range:

0.05-30 units

Increments:

- 0.05 units
- 0.1 units
- 0.5 units
- 1 unit

Insulin-to-Carb:

Only whole unit increments available

0.05-30 units/hr

Increments:

0.05 units

#### Infusion

No infusion set needed

Insulin delivery with cannula attached to pod with PDM connection

#### Notes

- FDA-approved for all ages.
- Requires PDM to be ≤ 5 ft from pod for successful bolus delivery. (not applicable for basal)
- Nightlight port for test-strip, food dictionary, bolus calculator/ changes (also for basal), setting reminders/alerts.
- Compatible Software:
  - o Tidepool
  - Glooko
- Warranty: ≤4 yrs for PDM from purchase date

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## Aviva Insight





Pump:

 $2.4 \times 1.5 \times 0.51$  in  $(6.1 \times 3.8 \times 1.3 \text{ cm})$ 

Wt: <29g (with full reservoir)

Wt: 140a

## CGM/BG

PDM functions as both wireless insulin pump & blood glucose meter

CGM: compatibility for some

MicroPump:  $(duration: \leq 4 days)$ 

Battery: 1.4V zinc-air

80-200 units of insulin

PDM:

12.4 x 6.4 x 1.7 cm

#### Bolus & Basal

Bolus Range: 0.2-50 units

Types:

Standard bolus Quick bolus

Extended bolus

Multiwave bolus

\*Time extension for extended bolus & multiwave bolus adjustable every 15 min for  $\leq 24$  hrs.

#### Increments:

- 0.05 units
- 0.1 units
- 0.2 units
- 1.0 unit

#### Quick bolus

- 0.2 units
- 0.5 units
- 1.0 unit
- 2.0 units

#### Basal:

0.1-25.0 units/hr

5 customizable profiles

#### Increments:

- 0.01 units
- 0.1 units

#### Temporary Basal Rate:

0-90% & 110-250%: increments of

10% and

adjustable every 15 mins ≤ 24 hrs.

5 is max TBRs.

#### Infusion

2 cannulas: different length and insertion depth

- Orange: 6mm
- Blue: 9 mm

### **Key Features**

- Tubeless, detachable micropump with touchscreen PDM integrated with blood glucose meter for optimal dosing and delivery of insulin.
- Customizable notifications and alarms.
- Can be used interchangeably with MDI without data loss.

#### Notes

- FDA-approved
- 1.5 meters between devices

Aviva Solo

page 40

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Bolus & Basal

 $2.95 \times 1.77 \times 0.74$  in

300-unit reservoir

0.1-80 units

Bolus Range:

- 0.1 units
- 0.5 units
- 1 unit

0.04-16 units/hr

- 0.01 units
- 0.1 units

#### Infusion

Infusion set: 3 different types

- Soft Release O/ST
- Easy Release I/II
- Superline-ST

#### Key Features

CGM/BG

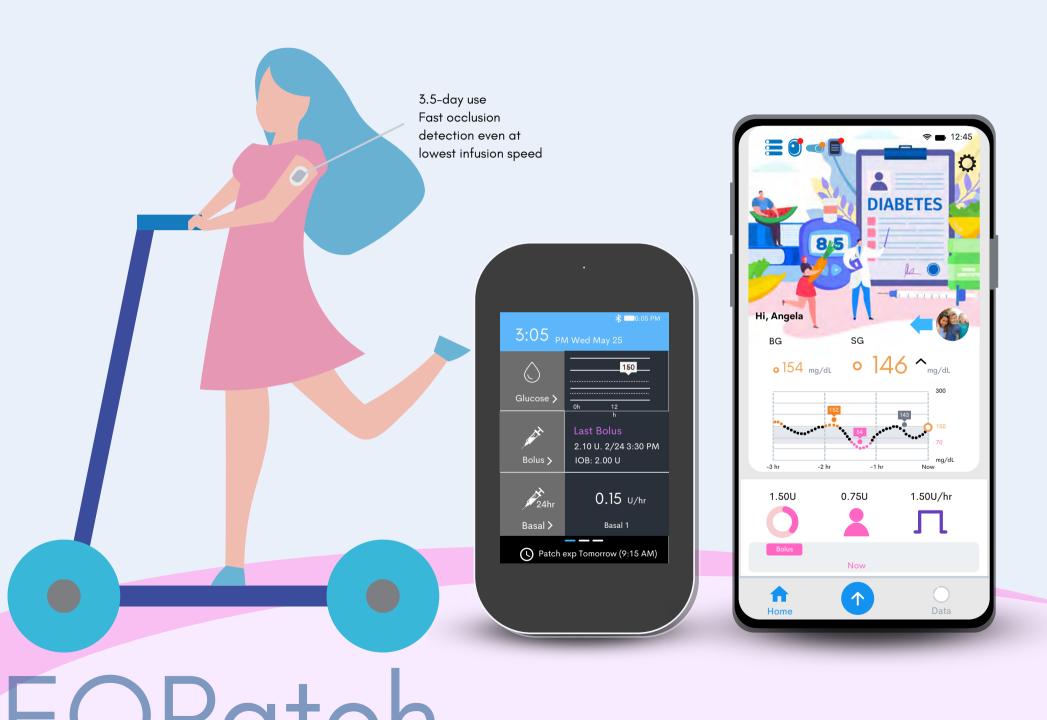
• Simplistically designed pump device with icon display delivering insulin, both bolus & basal.

Diabecare

#### Notes

- Approved for T1Ds ages ≥ 7 yrs old.
- Compatible App: DiabecareDana-I
- Warranty: 4 yrs

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Patch:

49.5x39x14.5mm 12 mos shelf life 200-unit reservoir; 80 unit min

Battery:

3.7V, 1,130 mAł

Controller:

116.5x64.5x114 (mm 110g with battery Korean/English

Waterproof:

Infusion

Bolus & Basal

8 bolus and basal programs

Soft cannula: insertion depth: 4.75mm (vertical)

#### CGM/BG

Patch: 3.5 days

CGM:

## Key Features

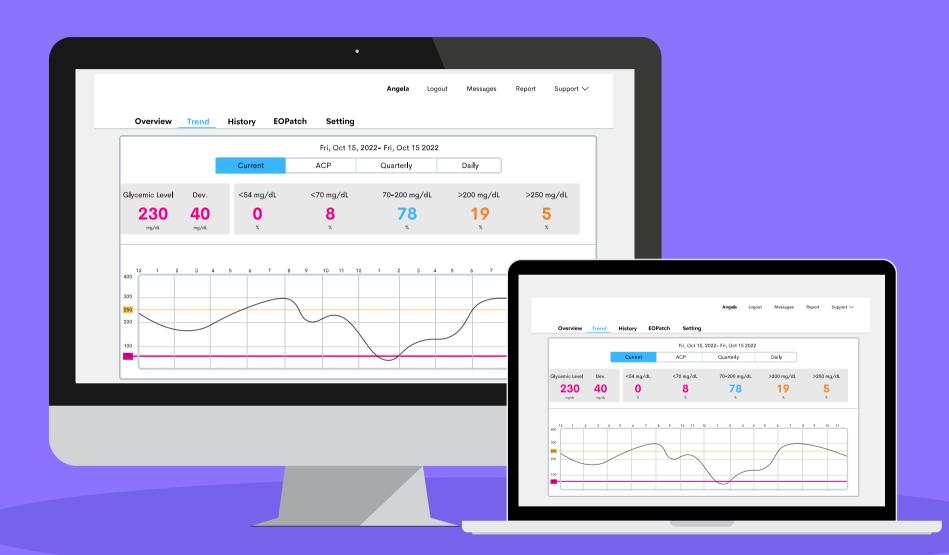
- 3.5-day use (84 hrs)
- Fast occlusion detection even at lowest infusion speed
- Notification for secure insertion
- Insertion speed painless and soft cannula

# EOPatch

## Notes

• Narsha: smartphone app EOBridge software

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Simplistic design for efficient insulin delivery and blood glucose monitoring





Compatible with Dexcom G6

#### Pump:

7.8x4.6x1.6cm

83g (including battery & filled cartridge)

Pre-filled/self-filled single-use insulin cartridge:

1.6ml/160 units

#### Battery:

Battery: 1.5 V alkaline (LR03), AAA;

#### Controller:

OLED touchscreen, 4.1x1.6cm

depth of 1 m for up to 60 mins).

avg 30-day use (54 U/day)

#### Waterproof:

IPX8 according to EN 60529 (immersion to

#### Bolus & Basal

Mylife YpsoPump Orbit infusion set with mylife Orbit Inserter

Range: 0-40 units/hr

2 personalized programs: A & B.

Temporary basal rate available

- Increments:
- 0.01 (≤1.00u/hr)
- 0.02 (≤2.00u/hr)
- 0.1 (≤15.0u/hr)
- 0.5 (≤40.0u/hr)

#### Infusion

#### Bolus Types:

- Standard
- Extended
- Combination
- Blind bolus
- Stacked bolus

#### Bolus Range: 0.1 - 30 units

#### Increments:

- 0.1u
- 0.5u
- 1.0u
- 2.0u

## **Key Features**

CGM/BG

100 U/ml, rapid-acting insulin analogue.

Reservoir:

• Fiasp

• Apidra

1.6ml (160 units)

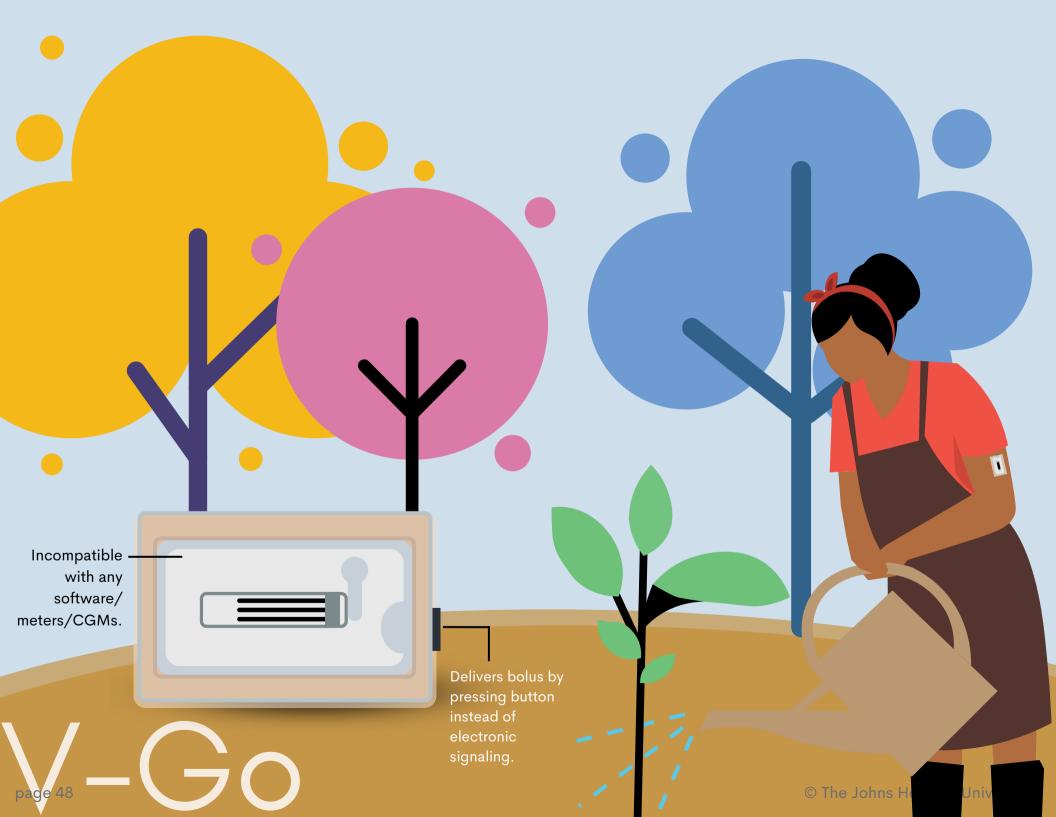
 NovoRapid Humalog

• Insulin lispro Sanofi

- Compatible with Dexcom G6

# dundosc

#### Notes



#### Pump:

 $2.4 \times 1.3 \times 0.5$  in  $(6.1 \times 3.3 \times 1.3 \text{ cm})$ 

Wt: 0.7-1.8 oz (20-51g) (with full cartridge)

Battery: None required

#### Reservoir types:

- V-Go 20: 56 units
- V-Go 30: 66 units
- V-Go 40: 76 units

#### Bolus & Basal

V-Go 20: 36 units

V-Go 30: 66 units

V-Go 40: 76 units

#### Increments

2 units only

V-Go 20: 20 units in 1 day

V-Go 30: 30 units in 1 day

V-Go 40: 40 units used in 1 day

#### Infusion

Tubeless, built-in stainless-steel needle

## CGM/BG

None

#### Key Features

Non-electric, manually functioning, insulin patch that delivers bolus incrementally with a push of a button.

- Patch: replaced daily, cost-saving, co-pay card available.
- Basal rate: Preset & administered with needle instead of attached tube.
- $\bullet \ \ \ \ In compatible \ with \ any \ software/meters/CGMs.$



#### Notes

• Approved for T1D & T2D adults

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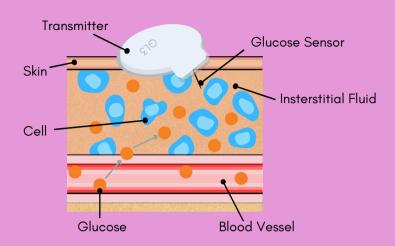
# Continuous



Glucose

Monitor

Continuous glucose monitors (CGMs) are devices that monitor blood glucose every few minutes, display past, current, and predicted blood glucose frequently throughout the day.



People with both Type 1 and Type 2 diabetes can use continuous glucose monitors.

Most often, these devices are compatible with Apple/Android phones for convenient blood glucose view.



## Connection/ Calibration

- Transmitter must be ≤ 20 ft from smartphone device
- When dosing insulin, glucose reading must be confirmed with fingerstick reading.
- Calibration every 12 hrs

#### Notes

- 670G: Approved for children & adults ≥7 yrs old
- Guardian Connect System: Approved for children & adults  $\geq$  14 yrs old.
- Acetaminophen may change accuracy of blood glucose readings.
- Compatible with Apple Watch.

## Specifications

## **Key Features**

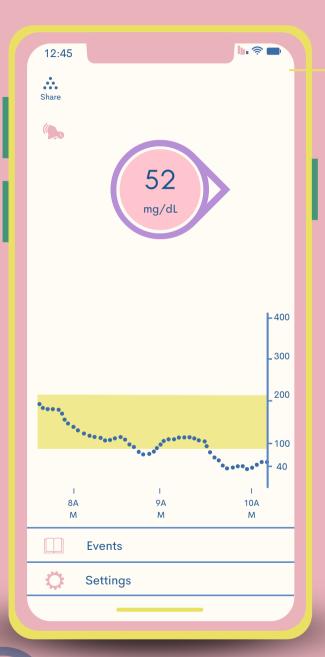
- transmitter
- Readings: BG updated every 5 mins
- Alerts: Personalized & preset alerts prior to hypoglycemia & hyperglycemia episode. (Urgent low [55mg/dL] alarm always on.)
- Guardian Connect app: View real-time glucose data; customizable alerts

Guardian Connect CGM System

## Apps/Software

- Guardian Connect App (Apple & Android devices)
- Sugar.IQ App
- · CareLink Software (for most Windows/Mac)

- Designed for 7-day use with Guardian sensor and
- Tracking markers: insulin delivery, meal, exercise
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#### **CGM Data:**

Can be sent to selected smartphone devices with Dexcom G6 App downloaded. Share feature allows glucose data to be shared with  $\leq$  10 followers (e.g., parents, etc) for remote monitoring.

G6 vs. G5: G6 doesn't require calibration, has longer wear time, & is slimmer in size for transmitter & larger for receiver.



excom Gó

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Real Time CGM

Sensor Life: 10 days

Transmitter:

1.68 x 0.86 x 0.33 in (4.23 x 2.18 x 0.84 cm)

Wt: 0.42 oz (11.91g) (with sensor; built-in battery

lasting ~3 mos.)

Waterproof: 8 ft ≤ 24 hrs

Receiver:

 $4.02 \times 2.44 \times 0.46$  in  $(10.21 \times 6.2 \times 1.17 \text{ cm})$ 

Wt: 3.3 oz (93.6g)

Battery: rechargeable

#### **Notes**

- Approved for children & adults ≥ 2 yrs old.
- Glucose readings not affected by taking acetaminophen 1000 mg every ≤ 6hrs.
- Compatible with Tandem pumps & Apple Watch.

## Calibration

Connection/

- Receiver or smartphone with Dexcom app must be ≤ 20 ft from transmitter & sensor.
- 2 hrs after sensor setup
- No calibration

#### Key Features

- Designed for 10-day non-adjustive use & compatible with Tandem pumps.
- G6 vs. G5: G6 does not require calibration, has longer wear time, & is slimmer in size for transmitter & larger for receiver.
- Alerts: Personalized alerts for hypoglycemia & hyperglycemia episodes / trends. (Urgent low [55mg/dL] alarm always on.)
- CGM Data: Can be sent to selected smartphone devices with Dexcom G6 App downloaded.
   Share feature allows glucose data to be shared with ≤ 10 followers (e.g., parents, etc) for remote monitoring.

Dexcom G6

## Apps/Software

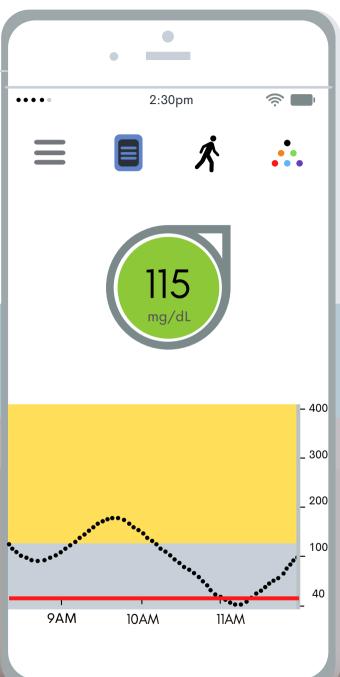
- Dexcom Clarity App
- Dexcom Follow App (some Apple/Android devices, Tandem t:slim X2 pump): ≤ 10 people viewing current glucose level
- Glooko
- Tidepool

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G6







## Connection/ Calibration

- Receiver/smartphone with Dexcom app must be  $\leq$  20 ft from transmitter & sensor.
- 2 hrs after sensor setup
- Finger-stick reading not required
- Calibration every 12 hrs: manual input required
- BG reading range: 40-400 mg/dL.

#### Specifications

Real Time CGM

 $1.52 \times 0.88 \times 0.47$  in (3.86 x 2.24 x 1.19 cm) 0.4 oz (11.3g) with sensor; built-in battery

 $4 \times 1.8 \times 0.5$  in  $(10.2 \times 4.6 \times 1.3 \text{ cm})$ 2.4 oz (68g)

## Apps/Software

- Dexcom Clarity App
- Dexcom Follow App (some Apple/Android devices): ≤ 5 people viewing current glucose level
- Glooko

G5

Tidepool

#### Key Features

- Designed for non-adjustive use (7-day) & compatible with Tandem pumps.
- G5 vs. G6: Compared to Dexcom G6, Dexcom G5 transmitter thicker but slightly smaller in size.
- Alerts: Personalized alerts for hypoglycemia & hyperglycemia episode / trend (Urgent low [55mg/dL] alarm always on.)
- Dexcom G5 App: CGM data & alerts transferable
- Dexcom Follow App: Glucose data shareable with ≤5 followers (e.g. parents) for remote monitoring

#### Notes

Dexcom G5

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## Execution Software Hopkins University

#### G6 CGM System

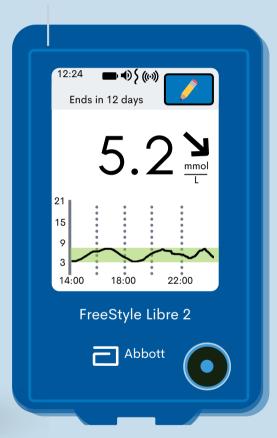
- 10-day use with optional calibration.
- Compared to G5, G6 does not require calibration, has longer wear time, & is slimmer in size for transmitter & larger for receiver.
- Dexcom Follow App shareable with ≤ 10 followers

#### G5 CGM System

- 7-day use with calibration recommended.
- Compared to Dexcom G6, Dexcom G5 transmitter is thicker but slightly smaller in size.
- Dexcom Follow App shareable with ≤ 5 followers.



Readings: Manual scanning (receiver to sensor) required.



Flash CGM

Sensor Life: 14 days

Transmitter.

1.38 in (diameter) x 0.2 in (3.5cm x 0.51 cm)

0.18 oz (5.1a)

Battery: silver oxide (1

Waterproof: 3 ft ≤ 30 min

Receiver:

2.36 x 3.74 x 0.63 in

 $(6 \times 9.5 \times 1.6 \text{ cm})$ 

2.3 oz (65.2g)

Battery: lithium-ion rechargeable (1)

#### Apps/Software

- LibreView Software: ≤ 20 people for viewing (downloadable on Windows & Mac)
- FreeStyle LibreLink (for some Apple & Android devices)

#### **Key Features**

Connection/

• Reader must be ≤ 1.5 inches from sensor

• 1 hr wait time following sensor setup &

Calibration

for scanning.

scanning

No calibration

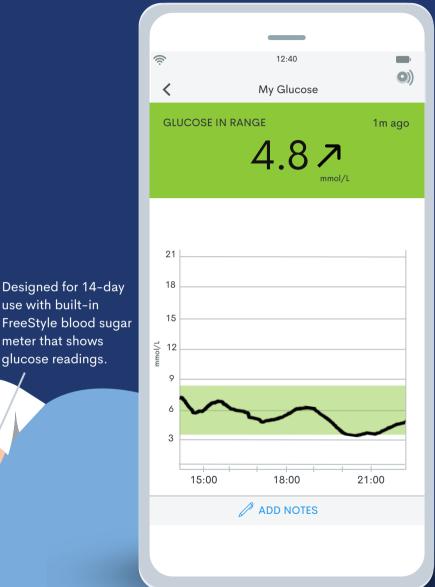
- Designed for 14-day use with built-in FreeStyle blood sugar meter that shows glucose readings.
- Readings: manual scanning (receiver to sensor) required.
- Alerts: Alarms for hypoglycemia / hyperglycemia not built into device.

#### Libre 2

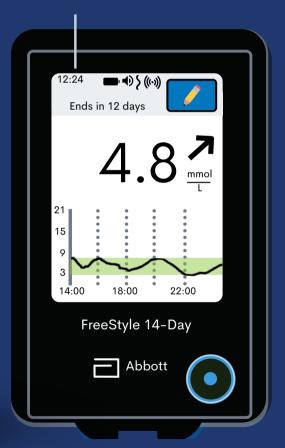
#### Notes

- Approved for adults ≥ 18 yrs old
- Glucose readings not affected by takin acetaminophen 1000 mg every ≤ 6hrs.

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Readings: manual scanning (receiver to sensor) required.



Designed for 14-day

use with built-in

meter that shows

glucose readings.

Flash CGM

Sensor Life: 14 days

#### Transmitter:

1.38 in (diameter) x 0.2 in (3.5cm x 0.51 cm)

0.18 oz (5.1g)

Battery: silver oxide (1)

Waterproof: 3 ft  $\leq$  30 min

#### Receiver:

2.36 x 3.74 x 0.63 in

 $(6 \times 9.5 \times 1.6 \text{ cm})$ 

2.3 oz (65.2g)

Battery: lithium-ion rechargeable (1)

## Apps/Software

- LibreView Software: ≤ 20 people for viewing (downloadable on Windows & Mac)
- FreeStyle LibreLink (for some Apple & Android devices)

## Key Features

Connection/

• Reader must be ≤ 1.5 inches from sensor

• 1 hr wait time following sensor setup &

Calibration

for scanning.

scanningNo calibration

- Designed for 14-day use with built-in FreeStyle blood sugar meter that shows glucose readings.
- Readings: manual scanning (receiver to sensor) required.
- Alerts: Alarms for hypoglycemia / hyperglycemia not built into device.

Libre 14-Day

#### Notes

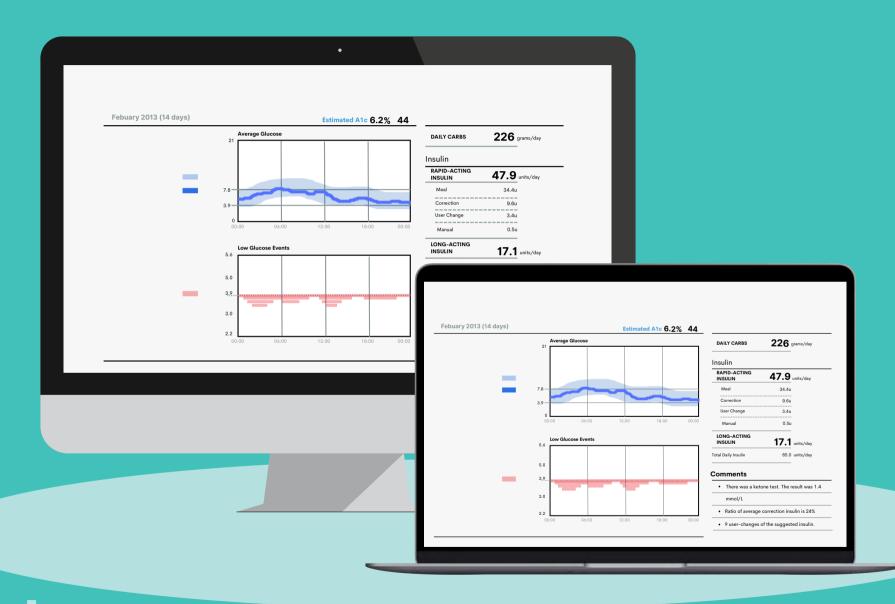
- Approved for adults ≥ 18 yrs old.
- Glucose readings not affected by taking acetaminophen 1000 mg every ≤ 6hrs.

#### Freestyle Libre 14-Day System

- Designed for 14-day use with built-in FreeStyle blood sugar meter that shows glucose readings.
- Alarms for hypoglycemia / hyperglycemia not built into device.
- For adults and children  $\geq$  4 yrs old.

#### FreeStyle Libre 2

- Designed for 14-day use with FreeStyle Libre 2 App
- Alarms for hypoglycemia / hyperglycemia are built into device.
- FreeStyle Libre 2 App (iPhone only): Programmed as reader.
- For adults ≥18 yrs old.





Sensor (90-day use) surgically placed underneath skin in upper arm by trained healthcare provider.

Readings: Removable transmitter is positioned externally on to of sensor which sends blood sugar readings to selected smartphone devices, updating every 5 mins. © The Johns Hopkins University

Le versense

Implantable CGM Sensor Life: ≤ 90 days

Transmitter: 1.48 x 1.89 x 0.35 in (3.8 x 4.8 x 0.89 cm) 0.39 oz (11.1g)

Battery: lithium polymer battery, rechargeable Waterproof No receiver needed

## Apps/Software

- Eversense App: ≤ 5 people viewing current glucose level (on Apple/Android devices)
- Eversense Data Management System Software
- Glooko

## Connection/ Calibration

- Transmitter must be ≤ 25 ft from smartphone device.
- 24 hrs wait time after sensor setup
- When administering bolus insulin, glucose reading must be confirmed with fingerstick reading & ≥ 2 calibrations/day required.
- BG reading range: 40-400 mg/dL.

## Key Features

- Sensor (90-day use) surgically placed underneath skin in upper arm by trained healthcare provider.
- Readings: Removable transmitter is positioned externally on top of sensor which sends blood sugar readings to selected smartphone devices, updating every 5 mins.
- Alerts: On-body active vibration alert for dynamic/anticipated hypoglycemia & hyperglycemia episodes even without smartphone device nearby.
- Calibrations: When administering bolus insulin, glucose reading must be confirmed with fingerstick reading & ≥ 2 calibrations/day required.

Eversense CGM System

#### Notes

- Approved for adults  $\geq$  18 yrs old.
- Approved for MRI scan.
- Glucose readings not affected by taking acetaminophen.
- Contraindicated in people for whom dexamethasone is not encouraged for use.